

DEPARTMENT OF PSYCHOLOGY

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ABOUT US:

The Department of Psychology was established in the Faculty of Philosophy in Zadar at the beginning of the academic year 1978/79, when the first generation of single-subject students of psychology was enrolled. The teachers with academic titles who teach (before and today) have enviable experience in organising and carrying out the curriculum. Experience has been gained not only while studying in Zadar, but also during longer or shorter stays at other universities at home and abroad where they actively took part in teaching undergraduate and post-graduate courses.

The reasons for the course in Psychology are interest of candidates and needs of the society for psychologists and their services. The psychological profession has proved itself in various spheres of activities in society, therefore, it could be said that there is no societal system or a major activity where psychology is not directly or indirectly present. Its range of activities stretches from the fulfilment of certain general societal needs to the meeting of various needs at the individual level.

Modern psychology belongs both to fundamental and applied scientific disciplines. As science, psychology is classified in the area of social sciences. Apart from studying psychological processes such as perception, learning, memory, motivation and their biological bases, psychology is also trying to explain the psychophysiological bases of more complex forms of behaviour. It also studies development and decrease of various abilities in time (age), individual differences, as well as the effects of social surroundings on individuals. Psychology is also interested in deviant forms of behaviour, as well as the behaviour of masses or specific social groups

During the first three years of the course, the students acquire general knowledge of different areas of psychology, such as psychological methodology, general psychology, physiological and developmental psychology, as well as basic knowledge in work psychophysiology, social, clinical and educational psychology. During the final two years, apart from psychometrics and more complex methodological schemes and data analyses, the

students gain special professional knowledge and skills. Based on their interest, the student chooses the theme of his/her final thesis.

The professional knowledge and skills acquired in this course will enable psychologists to find employment in various spheres of social subsystems and institutions such as health (clinical psychology), education (educational psychology). A large number of psychologists find employment in industry (industrial/organizational psychology), personnel management, and other institutions such as labour exchange, banks, and various corporations, working in the area of human resources management. Some of them find employment in the military, police and justice institutions.

The basis for successful work in such divergent areas, psychologists acquire during the course of study by acquiring general knowledge in contemporary psychology, basic knowledge in applied areas of psychology, as well as a good methodological education. Such a course yields a professional who can successfully work in different areas of human activities. Streaming for the work in specific area of applied psychology the student acquires through the chosen module and final thesis, followed by one year practice under supervision of an experienced psychologist. It should also be said that after Master in Psychology Course the student can continue post-graduate education, which ends with Ph. D. in psychology.

The Psychology Course is based on the contemporary scientific and professional achievements within the area of psychology, which is the pre-requisite for research and practice in the areas concerning psychology. The concept of the Psychology Course is in accordance with the European concept, which is based on the Bologna Declaration. By this very fact, the programme is compatible with a large number of psychology courses in the European Union, for example, courses at the universities of Trieste, Padua, Florence, Trento, Ljubljana, Klagenfurt etc.

Starting with the year 1982 when the first student got her bachelor degree in psychology, up to now, almost 400 students got their master's degrees in psychology at the Department of Psychology in Zadar. More and more students have been getting their degrees in psychology and start their professional careers in various spheres in the society.

It is worth mentioning that in 2008 the first generation of students obtained their bachelor degrees in psychology according to the *Bologna's System* of studying, and in 2010 the first graduates completed the study and for the first time students received a Master's degree in psychology.

Experience in organization of equivalent or similar courses

The Department of Psychology at the University of Zadar was established in 1978., since then it has continually been organizing a four year course in Psychology. The Course teachers have adequate research and teaching skills and experience for a good organization of the Course. They gain their experience and skills not only in the Department in Zadar, but also during longer or in shorter stays at different universities in the world where they have been engaged in teaching and research.

Student mobility

Since the proposed course is compatible with other psychology courses in Croatia, and a large number of them in Europe, it is open for the students from other universities to come and study here, as well as for the domicile students to go to other universities.

Other

Although high education and research are complementary activities, the Department of Psychology in Zadar carries out a number of research programmes. Some of the results are usually presented at the international scientific conference *Psychology Days in Zadar*, which is well established, and to the professional and academic communities well known, psychological meeting for over 40 years. Also, a number of international conferences has been organized.

Apart from the numerous manuscripts that were published in books, the staff of the Department of Psychology have devoted special attention to issues in which scientific work is monitored, resulting in a series of nine manuals titled Collection of psychological scales and questionnaires. Appearing in all nine volumes Collection of psychological scales and questionnaires caused a great deal of attention not only to psychology students and colleagues from other studies in psychology in Croatia.

At the Department of Psychology currently are employed five full professors, five associate professors, five assistant professors, two lecturers, five postdoctoral fellows and secretary.

STUDY PROGRAMMES

Undergraduate university study programme of Psychology

(single-major)

Duration of the study: 6 semesters.

Admission requirements: Completed four-year high school and passed state graduation exam.

Competencies acquired upon finishing the study programme: During the three years of *Undergraduate Course* the student gets knowledge of various psychological theories, methods and disciplines. The acquired knowledge and skills are a good basis for continuation of graduate course in psychology or some related courses. Upon completion of university undergraduate studies in psychology students:

- could describe the characteristics of psychology as a scientific discipline,
- could explain and distinguish the main approaches in psychology (behavioral, biological, cognitive, evolutionary, humanistic, psychodynamic and sociocultural) and theoretical perspectives and associate them with empirical findings and historical trends in psychology,
- could describe and analyze psychological phenomena using the concepts, language, and major theories of psychology,
- could describe and compare field of applied psychology (psychology of work, school and clinical psychology),
- could form and check out the different problems and hypotheses
- could use appropriate research methods and simpler procedures of statistical analysis and appropriate interpretation of the results,
- could understand and respect ethical principles in working with people and animals (taking into account and respecting the academic integrity),
- would develop information literacy necessary to identify and select relevant content from the appropriate sources
- could search and critically interpret scientific and professional literature
- would be competent to independently use appropriate computer programs with the aim of operational interpretation and reasoning upon completion of quantitative and qualitative analysis,
- would develop communication skills to adequately express themselves orally and in writing in Croatian and English,
- would be able to exchange ideas and collaborate with colleagues, and to make responsible decisions about continuing their career.

Undergraduate Course **does not qualify** the students to work as professional psychologists, in any capacity.

Professional title acquired upon finishing the study programme: Bachelor (*baccalaureus*) of Psychology.

Course list by semesters:

Course unit code	I SEMESTER	Status	Hours per week			ECTS
			L	S	E	
PSI107	Fundamentals of psychological methodology	O	30	30	30	7.0
PSI117	Introduction to psychology	O	15	0	0	2.0
PSI102	Introduction to biological psychology	O	30	15	0	5.0
PSI104	Sensation and psychophysics	O	30	0	0	5.0
PSI102	Introduction to descriptive and inferential statistics	O	15	30	0	5.0
JEP101	Professional English language I	O	15	0	15	2.0
PSI0108	Introduction to genetics I	E	15	15	0	2.0
PSI108	Psychological aspects of Internet	E	15	15	0	2.0
	II SEMESTER					
PSI11005	Basic inferential statistics	O	15	30	0	5.0
PSI10905	Practicum of experimental psychology I	O	30	30	30	6.0
PSI11105	Structure and functions of central nervous system	O	30	15	0	4.0
JEP102	Professional English language II	O	15	0	15	2.0
PSI11205	Perception and attention	O	30	15	15	5.0
PSI11305	Introduction to developmental psychology	O	15	15	0	4.0
PSI21706	Evolutionary psychology	E	15	15	0	2.0
PSI06	Introduction to genetics II	E	30	0	0	2.0
PSI11505	Special measurement techniques in psychophysiology I	E	15	15	0	2.0
	III SEMESTER					
PSI20206	Vegetative and endocrine systems	O	30	15	0	4.0
PSI201	Practicum of experimental psychology II	O	0	30	30	5.0
PSI20306	Child psychology	O	30	15	15	5.0
PSI206	Computer applications of in psychology	O	0	15	15	3.0
PSI20406	Memory	O	15	15	15	4.0
PSI21806	Ethics in psychology	O	15	15	0	3.0
JEP102	Professional English Language III	O	0	0	30	2.0
PSI06	Introduction to genetic basis of psychic functions	E	15	15	0	2.0
PSI20906	Special measurement techniques in psychophysiology II	E	15	15	0	2.0
PSI802	Therapy and theatre	E	30	0	15	2.0
	IV SEMESTER					
PSI21106	Biological basis of behaviour	O	30	15	0	4.0
PSI21206	Psychology of learning	O	15	15	15	4.0
PSI21006	Practicum of experimental psychology III	O	0	30	30	5.0
PSI21406	Psychology of adolescence	O	15	15	0	4.0
JEP203	Professional English Language IV	O	15	0	15	2.0
PSI21506	Introduction to social psychology	O	15	15	0	3.0
PSI20506	Theories of measurement	O	30	0	30	3.0
PSI21706	Evolutionary psychology	E	15	15	0	2.0

PSI06	Introduction to endocrine dysfunctions	E	15	15	0	2.0
PSI223	Qualitative research methods in psychology	E	15	15	0	3.0
PSI11505	Special measurement techniques in psychophysiology I	E	15	15	0	2.0
PSI800	Healing power of poetry	E	15	15	15	3.0
PSI801	Expressive scene methods in group work	E	15	0	60	3.0
	Introduction to ecological psychology	E	15	0	15	2.0
	V SEMESTER					
PSI30307	Thinking and language	O	30	15	0	3.0
PSI30107	Psychological practicum I	O	0	30	30	5.0
PSI30407	Psychology of emotions and motivation	O	30	30	15	5.0
PSI308	Psychology of communication	O	15	15	0	2.0
PSI30507	Developmental psychology of adulthood	O	15	15	0	3.0
PSI306	Social cognition	O	30	15	0	3.0
PSI105	History of psychology	O	15	15	0	3.0
	Genetic basis of neurodevelopmental disorders	E	15	15	0	2.0
PSI21306	Psychology of family and parenthood	E	15	15	0	2.0
PSI20906	Special measurement techniques in psychophysiology II	E	15	15	0	2.0
JEP305	Professional English language V	E	15	0	15	2.0
PSI431	Prevention of violence in close relationships	E	15	15	15	3.0
PSI802	Therapy and theatre	E	30	0	15	2.0
	VI SEMESTER					
PSI31107	Attitudes	O	30	15	0	3.0
PSI311	Introduction to personality psychology	O	30	15	0	4.0
PSI30907	Psychology of aging	O	15	30	0	3.0
PSI31207	Introduction to psychology of intelligence	O	30	15	0	3.0
PSI31507	Introduction to educational psychology	O	15	15	0	3.0
PSI31307	Introduction to industrial and organizational psychology	O	15	15	0	3.0
PSI31407	Introduction to clinical psychology	O	15	15	0	3.0
PSI31707	Public opinion survey	E	15	15	0	2.0
PSIK508	Psychology of exceptional people	E	15	0	15	2.0
PSI31807	Social pathology	E	15	15	0	2.0
PSI223	Qualitative research methods in psychology	E	15	15	0	3.0
PSI11505	Special measurement techniques in psychophysiology I	E	15	15	0	2.0
	Introduction to ecological psychology	E	15	0	15	2.0
PSI800	Healing power of poetry	E	15	15	15	3.0
PSI801	Expressive scene methods in group work	E	15	0	60	3.0

Graduate university study programme of Psychology

(single-major)

Duration of the study: 4 semesters.

Admission requirements: *Candidates may enrol the graduate course in Psychology, if they have:*

- a) Finished the undergraduate course in psychology with above average marks (3.0 or more)
- b) Applied to enrol the course
- c) Passed entering interview
- d) The knowledge of English Language at the level of *the Cambridge Advanced Level*

Competencies acquired upon finishing the study programme: After finishing the Graduate Course in Psychology, students are qualified to work as professional psychologists. This Course gives the student knowledge and skills in various areas of applied psychology (educational, clinical, industrial/organizational psychology), or the skills for research and post-graduate studies (doctorate). Upon completion of university graduate study of psychology students could:

- describe the basic and applied areas of psychology (primarily organizational, clinical and school) and from them derived more specific application areas (eg. health, forensic), as well as to practically work in that areas.
- use psychological theories and methods to solve individual and social problems in appropriate way.
- design and implement new ideas in conducting research.
- suitably apply their knowledge of psychological principles, critical thinking, research skills, insight and assessment to solve personal, social and organizational problems (with the use of appropriate advanced quantitative and qualitative analyses /using statistical computer programs/)
- recognize and respect the differences among people as well as to effectively and sensitively to take into account the interaction of individuals with different abilities, backgrounds and points of view.
- apply knowledge and skills of critical and creative thinking to effectively solve professional problems at the appropriate ethical and professional level.
- perform complex psychological assessment and implementation of appropriate psychological measuring instruments within the different areas of diagnostics and prediction.
- professionally communicate with clients, other members of the professional or interdisciplinary teams, and they are able to continue the scientific and professional development

Professional title acquired upon finishing the study programme: Master of Psychology.

Course list by semesters:

Course unit code	I SEMESTER	Status	Hours per week			ECTS
			L	S	E	
PSI401	Psychometrics	O	30	30	0	4.0
PSI403	Intelligence – theories and measurements	O	15	15	15	3.0
PSI402	Psychology of personality	O	30	15	0	4.0
PSI406	Psychology of interpersonal relations	O	30	15	0	4.0
PSI427	Work psychology	O	30	15	0	3.0
PSI405	Theoretical paradigms in clinical psychology	O	30	15	0	4.0
PSI416	Forensic psychology	E	15	15	0	2.0
PSIK506	Forensic clinical psychology	E	15	0	15	2.0
PSI413	Psychology of human sexuality I	E	15	15	0	2.0
PSI428	Child development in social context	E	15	15	0	2.0
PSI417	Psychoneuroimmunology	E	15	15	0	2.0
PSI430	Successful aging	E	15	0	15	2.0
PSI802	Therapy and theatre	E	30	0	0	2.0
NK0108	Basic Knowledge on Upbringing and Education	E	30	15	0	5.0
NK0208	Didactics	E	30	15	0	5.0
II SEMESTER						
PSI408	Educational psychology	O	30	15	30	5.0
PSI407	Psychological practicum II	O	0	60	0	4.0
PSI409	Psychological counselling	O	15	0	15	4.0
PSI412	Group and inter-group relation psychology	O	15	15	0	3.0
PSI410	Psychopathology	O	30	0	15	3.0
PSI411	Organizational psychology	O	30	15	0	3.0
PSI429	Work physiology and ergonomics	E	15	15	0	2.0
PSI414	Psychology of human sexuality II	E	15	15	0	2.0
PSI415	Attachment during life time	E	15	15	0	2.0
PSI433	Comparative psychology	E	15	15	0	2.0
	Psychology and movies	E	15	0	30	2.0
PSI435	Introduction to linear structural modelling	E	15	30	0	4.0
PSI800	Healing power of poetry	E	15	15	15	3.0
PSI801	Expressive scene methods in group work	E	15	0	60	3.0
NK0408	Theory of Upbringing and Education in Practice	E	30	15	0	5.0
NK0508	Art of Teaching	E	30	15	0	5.0
III SEMESTER						
PSI501	Advanced topics in psychometrics	O	0	30	15	6.0
PSI502	Basics of cognitive neuroscience	O	15	15	15	4.0

PSIK501	Psychological treatments and therapies	E	30	15	15	5.0
PSIR505	Human Resource Management	E	30	30	15	6.0
PSIR503	Stress at work	E	15	15	0	3.0
PSIE502	Emotions and Motivation in Education	E	15	15	15	3.0
PSIE501	Cognitive development and aging	E	15	15	15	3.0
PSIE505	Research methods of developmental changes	E	15	0	30	3.0
SOCD18	Psychology Teaching Methods	E	2	0	0	5
SOCD19	Demonstration Classes and Practical Work	E	0	2	4	8
PSIE505	Clinical Neuropsychology	E	30	0	15	4.0
PSI417	Psychoneuroimmunology	E	15	15	0	2.0
	Introduction to Gestalt psychotherapy	E	30	15	0	3.0
IV SEMESTER						
PSI503	M.A. thesis	O	0	0	0	20.0
PSIR502	Marketing and market research	E	15	15	15	3.0
PSI419	Health psychology	E	15	15	0	2.0
PSIK502	Practicum in Psychodiagnostics	E	15	0	60	5.0